



JO ANN CAPLING

Harbor Beach High School

Jo Ann is one of those coaches that started her coaching career and finished in the same place. She began coaching at Harbor Beach in 1973 and retired after twenty -five years as the girls' varsity coach in 1998. Throughout her 25 year career, Harbor Beach had 415 wins and 110 losses.

Her teams won 11 League championships, 13 District and 3 Regional championships. In 1988 Harbor Beach girls' made an appearance in the Final Four.

Honors received as a result of her work include BCAM's Regional Coach of the Year in 1987 and 1988 and in 1989 was named BCAM's Class C State Coach of the Year. Jo Ann was the National Coach of the Year nominee in 1989. She has also served on the MHSAA Rules Committee.