COLLEGIATE HONORS

Glenn VanWieren, Hope College

The Basketball Coaches Association of Michigan has selected its annual Academic/Athletic Honor Teams for men's and women's basketball coaches & players.

2005-2006 COLLEGE COACHES

* RIC WESLEY *

MENS' COLLEGE COACH of the YEAR * GRAND VALLEY STATE UNIVERSITY

RIC WESLEY guided GVSU to a # 4 national ranking, the program's highest-ever ranking and it's first NCAA DII Great Lakes appearance since the 2000-2001 season. This is Wesley's second year at GVSU as head coach for the men's basketball team. Grand Valley turned in an 18-10 mark in Wesley's first campaign and qualified for the GLIAC tournament. The Lakers ranked nationally in scoring defense, field goals and percentage and field goal percentage defense. Prior to his appointment at GVSU, Wesley was a co-associate head coach at Southwest Missouri State. Ric joined the staff when current head coach Barry Hinson took over in 1999. Wesley helped Missouri State to four winning seasons in his five years in the program, including a 23 win campaign with a trip to the second round of the NIT tournament in his first season at Missouri State. Ric Wesley is a native of Chesaning, Michigan. He graduated from Central Michigan University in 1980 and had his first coaching experience as a student assistant coach for the Chippewa's. He also assisted at Michigan's Newaygo High School during the 1979-1980 seasons. Wesley and his wife Pat, are the proud parents of Charlie and Caroline.

* DAWN PLIZUWEIT *

WOMENS' COLLEGE COACH of the YEAR * GRAND VALLEY STATE UNIVERSITY

DAWN PLIZUWEIT just finished her fourth season as the head coach of the GVSU women's basketball team. Dawn is the 5th head coach in the 35-year history of the program. She guided the Lakers to a 96-31 record in her four years as head coach. This year, **Plizuweit** led Grand Valley to its first ever NCAA Division II National Championship title. GVSU achieved a school best 33 wins, breaking last season's record of 28 wins. Plizuweit also guided her team to the schools second ever GLIAC Tournament and Great Lakes Region Tournament titles.

Dawn was named the 2006 Molten/Women's Division II Bulletin Coach of the Year. The Lakers rank among the nation's leaders in several team categories. They finished the season with a 91.7 winning percentage, which ranked 6th in the nation. Grand Valley State also ranked 7th in scoring defense, 11th in scoring margin and 20th in field goal percentage.

* MIKE INGRAM *

MENS' JR COLLEGE COACH of the YEAR * LANSING COMMUNITY COLLEGE

MIKE INGRAM is a graduate of Lansing Community College and Central Michigan University Mike was an All-American Player at LCC and played two years at CMU. Ingram has been part of the men's basketball coaching staff since 1988, and has an impressive 339-116 record. He served as the assistant coach in 1988 when the men's team won the National Championship. He has also coached his team to a fourth place in the, eleven of fourteen conference championships, and has finished second in the conference three times. Mike was named Region XII Coach of the Year in 1990-91 and 2005-06, and has received the Western Conference Coach of the Year title twelve times. Academics has always been a high priority for Ingram's team whether it is reveiving a degree from LCC or transferring to a four-year school.

* KELLY McEWEN *

WOMENS' JR COLLEGE COACH of the YEAR * GRAND RAPIDS COMMUNITY COLLEGE

KELLY McEWEN's first two seasons at GRCC had identical 18-11 records. They finished in the top four in the state tournament in two of the three years. In each of the three seasons, they qualified for the regional tournament. This season, which was GRCC's first full recruiting class, they finished 23-8 overall, 11-3 in the MCCAA Western Conference and shared the league championship with Lansing Community College and Kalamazoo Valley Community College. This is McEwen's 31st year in coaching basketball in some capacity.