

* * * 2010 * * *

BASKETBALL COACHES ASSOCIATION of MICHIGAN

WOMEN'S COLLEGE COACH-of-the-YEAR

MARK YOUNGS * DAVENPORT UNIVERSITY

Mark Youngs has built an impressive basketball program at Davenport. This year he led his team to a 31-3 overall record, with only three wins by single digits.

His team was the first women's basketball team in the WHAC history to be ranked #1 in the country in NAIA Division II polls.

His team was never ranked lower than 3rd this season.

His team led the nation in scoring (87.8 ppg), steals (18.2 p/g), assists (20.5) and rebounds (18.3).

This is **Youngs'** eighth season with the Panthers.

He has accumulated over 200 wins during this time.

MEN'S COLLEGE COACH-of-the-YEAR

RYAN COTTINGHAM * SPRING ARBOR UNIVERSITY

Ryan Cottingham is truly a great coach. This season he led his team to a 23-11 record, advancing to the sweet 16 in the NAIA national tournament.

His team was ranked 21st in the final regular season NAIA Division II national poll.

Five times in the past six years his teams have won at least 20 games.

This season **Cottingham** accumulated his 200th win.

WOMEN'S JR COLLEGE COACH-of-the-YEAR

CARRIE LOHR * ST CLAIR COUNTY COMMUNITY COLLEGE

Carrie Lohr has had many accomplishments in her career.

This past year she was awarded the Eastern Conference Coach of the Year Award.

Her team took 2nd in the MCCA Eastern Conference and reached the Final Four of the Region XII.

Her team maintained an impressive average GPA of 3.0 and were 21st in the NJCAA DII for Team Field Goal Percentage (both 2pts and 3pts).

Her team was also 11th in the NJCAA DII Team Free Throw percentage.

MEN'S JR COLLEGE COACH-of-the-YEAR

STEVE PROEFROCK * GLEN OAKS COMMUNITY COLLEGE

Steve Proefrock led his team to an amazing 26-5 record this season.

This is one of the best records the Vikings have had in 32 years.

This season they also won the MCCA's Men's Western Conference Basketball Championship.

They were also State Runner-up and District Runner-up.

This is **Proefrock's** 13th season at Glen Oaks where he teaches an assortment of kinesiology and physical education classes.