

Hall of Fame Inductees

Dorene Ingalls - St. Ignace LaSalle HS



Dorene Ingalls has built one of the most remarkable coaching legacies in Michigan high school basketball history. Since taking over as head coach of the St. Ignace girls' varsity basketball program in 1999, Ingalls has guided the Saints to an unparalleled standard of excellence, earning respect throughout the state for her leadership, competitive spirit, and commitment to her players on and off the court.

Over her 26 years at the helm, Ingalls has compiled an extraordinary 542-104 record (84% winning percentage), averaging more than 20 wins per season. Her teams have captured 18 conference championships, 22 district titles, and 16 regional championships, while making 20 trips to the Sweet 16, 11 Final Fours, and 9 state title game appearances. Under her direction, St. Ignace has celebrated 5 state championships (1999, 2000, 2011, 2013, 2015) and 4 runner-up finishes, including an unforgettable 27-0 undefeated season in 2013. Her program has also earned BCAM Team Academic All-State honors every year, proving her commitment to success in the classroom as well as on the hardwood.

Her personal accolades are equally impressive. Ingalls is a three-time BCAM Overall Coach of the Year, six-time BCAM Regional Coach of the Year, eight-time U.P. Coach of the Year, MHSCA Coach of the Year (2011, 2015), and a 2012 National High School Athletic Coaches Association Coach of the Year finalist. She was recognized as the Free Press Dream Team Coach of the Year and Free Press Prep Person of the Year, and she has also been honored with the BCAM Tom Hursey Distinguished Service Award, the MHSAA Women in Sports Leadership Award, and induction into the Upper Peninsula Sports Hall of Fame (2016).

Beyond wins and titles, Ingalls' impact is felt in her community. Since 2009, she has led the Hooping for a Cure Cancer Benefit Game, raising over \$400,000 for cancer patients in the region. She and her husband Doug, who has served as her associate coach, were named St. Ignace Ambassadors of the Year (2017) and remain deeply involved in the St. Ignace community.

Dorene and her husband Doug Ingalls have been married since 1994 and share their love of basketball as both coaching partners and parents. They are the proud parents of Jackson (22), the athletic director at Marquette High School, and Jonny (19), a member of the Northern Michigan University men's basketball team.

Ingalls is quick to share this honor with those around her, expressing gratitude to the entire St. Ignace basketball family—from the players to the coaches, the families, and the fans who have supported the Saints throughout the years. She considers this award a tribute to the St. Ignace community's efforts, acknowledging that she and her family have been truly blessed to be part of St. Ignace basketball and to share this tremendous honor together.

Doug Ingalls - St. Ignace LaSalle HS

Doug Ingalls has left an extraordinary mark on Michigan high school basketball. Over 25 years as the varsity boys' basketball coach at St. Ignace (1992-2008, 2011-2016, 2020-2024), Ingalls compiled an impressive overall record of 375-182. Under his guidance, the Saints earned 11 Conference Championships, 10 District Championships, 3 Regional Titles, and a Final Four appearance in 2024. His teams were also recognized as U.P. Team of the Year four times (2000, 2001, 2023, 2024).

In addition to his boys coaching success, Ingalls served as co-coach with the St. Ignace girls' varsity basketball program, helping lead them to one of the most decorated eras in Michigan high school basketball. Together, they captured 5 State Championships, 4 State Runner-Up finishes, 11 Final Four appearances, 16 Regional Championships, 20 Sweet 16 appearances, 22 District Championships, and 18 Conference Titles.

Ingalls' coaching excellence has been honored with numerous awards, including BCAM Boys' Regional Coach of the Year (1999-2000, 2023-24), BCAM Boys' State Coach of the Year Class C (2000), and BCAM Overall State Coach of the Year (2001). He was also named BCAM Girls' Overall State Coach of the Year (2011), U.P. Boys' Coach of the Year (2000, 2024), and the Associated Press Boys' Class C Coach of the Year (2001, 2024). Beyond state recognition, Ingalls was a 2012 NHSACA National Coach of the Year Finalist (Girls' Basketball) and was inducted into the U.P. Sports Hall of Fame in 2024. Beyond the court, Ingalls dedicated himself to education and service in the St. Ignace community. A middle school math teacher from 1992-2024, he also served as the school's athletic director from 2017-2021, earning recognition as the City of St. Ignace Ambassador of the Year (alongside his wife Dorene) in 2017.

Ingalls is grateful to have shared this journey with his family. He has been married to Dorene Ingalls since 1994, and together they have two sons: Jackson, 22, the athletic director at Marquette High School, and Jonny, 19, a member of the Northern Michigan University Men's Basketball Team.

Ingalls credits the success of the St. Ignace basketball program to the many people who supported them along the way. He is especially grateful to the volunteers, administrators, coaches, players, parents, families, and fans whose commitment and encouragement made such achievements possible. He considers it an honor to have been part of the St. Ignace community and emphasizes that the accomplishments were truly the result of a team effort.



Hall of Fame Inductees



Gary Fralick - Troy HS

Gary Fralick, Sr. has dedicated more than four decades to the game of basketball, leaving a lasting impact on players, programs, and communities across Michigan. A steady leader and teacher of the game, Fralick has guided teams with passion, integrity, and a consistent commitment to excellence.

Fralick began his varsity coaching career at Redford Thurston High School (1979–1984), compiling a 72–35 record and leading the program to a league championship in 1983. He then spent four seasons at Royal Oak Kimball (1984–1988), before taking over at Troy High School in 1994, where he has built a respected program in Oakland County.

At Troy, Fralick has amassed 389 wins to date, bringing his career total to 494 victories against 392 losses. Under his leadership, the Colts have captured six league championships (2011, 2012, 2014, 2017, 2024), nine district titles (1997, 2002, 2003, 2004, 2009, 2017, 2018, 2019, 2023), and a regional championship in 2017.

Throughout his career, Fralick has earned widespread recognition for his coaching excellence. He was named Detroit Free Press Coach of the Year in 1982, Northwest Suburban League Coach of the Year in 1983, and has collected multiple Observer/Eccentric, Royal Oak Tribune, and OAA Coach of the Year honors. Most recently, he was honored with the Oakland County Athletic Directors Lifetime Achievement Award in 2022. He has also been nominated for the Michigan High School Coaches Association Hall of Fame (2024) and three times for BCAM Region 9 Coach of the Year.

Gary extends special gratitude to his wife of 56 years, Sharon Ann, whose support and understanding have been constant throughout his journey. More than a partner, Sharon has also been part of the program itself, serving as the official scorekeeper for every Troy High School Freshman, JV, and Varsity game over the past 31 years. Family has always been at the heart of his career. Together, Gary and Sharon take pride in their children and their growing legacy of grandchildren who have been a source of inspiration and joy along the way: Jennifer (Mike) Lubik, Gary Jr. (Maria) Fralick and Timothy (Robyn) Fralick with grandchildren Bryce, Bryn, Tatumn, Gary III, Will and Clara.

In his 40 years as a head coach, Gary Fralick, Sr. has built a career defined not just by wins and championships, but by the countless student-athletes he has mentored and the lives he has touched through the game of basketball.

Klint Pleasant - Rochester Christian University

Klint Pleasant has built an outstanding career in college basketball, combining success at multiple levels of the game with a reputation for leadership, character, and consistent excellence. Pleasant began his head coaching career at Abilene Christian University (2002–2005) before taking over at Rochester Christian University in 2011, where he continues to serve as head coach. Over 18 seasons as a collegiate head coach, Pleasant has amassed an impressive career record of 339 wins and 155 losses, making him one of the winningest active coaches in NAIA basketball. His coaching journey also includes assistant coaching stops at Lipscomb University, Wayne State University, the University of Tennessee–Martin, and Kent State University.

At Rochester Christian, Pleasant's teams have achieved national prominence in both the USCAA and NAIA. In USCAA play, his teams reached the Final Four five times (2012, 2013, 2015, 2017, 2018), finished as National Runner-Up twice (2012, 2015), and captured two National Championships (2013, 2018). Transitioning to the NAIA, Pleasant guided his team to the WHAC League Championship in 2021, three national tournament appearances (2013, 2017, 2021), and a #3 national ranking in 2017.

His accomplishments have been recognized with numerous coaching honors, including WHAC Coach of the Year (2021), All Coach of the Year (2017), USCAA National Coach of the Year (2016), and NAIA Coach of Character (2013). In 2022, Silver Waves Media named him one of the Top 100 Most Impactful Coaches in NAIA Basketball, and he is recognized as one of the Top 25 All-Time Winningest Active NAIA Coaches.

In addition to his coaching achievements, Pleasant has also distinguished himself academically. He earned a Doctor of Education in Learning Organizations and Strategic Change from Lipscomb University, further underscoring his commitment to leadership, growth, and the holistic development of student-athletes.

A member of the Kent State University Athletic Hall of Fame Team of Distinction, Pleasant has built a legacy defined not only by wins and championships but also by his dedication to character and lifelong learning.

Coach Pleasant is deeply thankful for the love and support of his wife, Rachel, and their daughters, Abbey and Julia. He also expresses gratitude to his parents, Garth and Pat, and his siblings, Kim and John, for their constant encouragement. Pleasant is grateful to the coaches who hired and mentored him, as well as those he has had the honor of working alongside throughout his career. Most importantly, he is grateful to the many young men he has had the opportunity to coach, who have shaped his journey every step of the way.

